CHILD DEVELOPMENT CENTRE
明德兒童啓育中心

Igniting Learning Journeys
啓育學習旅程

親愛的家長們，您是否希望為孩子尋找一個提供多元化學習體驗的學前遊戲小組？明德兒童啓育中心傾力打造的Playtime Plus+，為您的孩子帶來獨一無二的學習體驗！這是一個充滿樂趣的機會，讓您的孩子在探索世界的同時，結交新朋友，並培養重要的社交技能。

Playtime Plus+的獨特之處

Playtime Plus+為幼兒打造一個充滿樂趣與啟發的環境，促進學習與成長。家長不僅能學習如何與孩子互動、與其他家長交流經驗，還能深入了解孩子的發展里程碑。

這1.5小時的遊戲課程由專注兒童發展的專業團隊帶領，課堂中密切觀察每位孩子的進展。參與一個月後，我們會提供口頭回饋，並根據孩子的進度，提供個人化的學習建議。三個月後，我們會提供一份詳細的書面報告，幫助家長全面了解孩子的成長進展。我們希望與家長攜手同行，為家長裝備更多育兒知識，陪伴孩子快樂成長。

課程為12個月至2歲幼兒量身打造，讓孩子在專業指導下探索樂趣、綻放潛能！誠邀您或您的朋友聯繫我們，一起為孩子開啟啟發之旅！

2024/25年度家長問卷回饋重點

明德兒童啓育中心十分重視家長的意見，積極聆聽並採納大家的寶貴建議，推動著我們提升服務與環境品質。衷心感謝所有參與2024/25年度家長調查的家長，感謝大家的寶貴時間！

家長的正面評價令我們深受鼓舞：

- 100%**家長認同CDC提供乾淨、明亮、安全且適合兒童的學習環境
- 97%以上家長表示，孩子在CDC得到全面支持，能充分發揮潛能，並享受快樂的學習時光

家長的心聲讓我們倍感溫暖：

- 「我的孩子在CDC比任何主流學校都更快樂！」
- 「感謝老師用心了解我女兒的需求和能力。」

此外，約90%的家長認為CDC提供充足的家長支援與學習機會，尤其評估後的會面有助了解孩子的進展。許多家長肯定我們專業團隊以孩子為本的用心態度。

感謝你們的鼓勵與信任！我們將繼續努力，為孩子打造更優質的學習環境。我們就家長的建設性意見，作出積極回應，按此瀏覽。

活動回顧

「Together for the Future」家庭同樂日

3月30日，CDC與香港族裔共融聯會攜手，在灣仔錫克廟舉辦「Together for the Future」家庭同樂日。活動充滿歡樂與學習元素，家長與孩子參與了多元互動遊戲。我們的團隊現場與家長分享專業知識，提供針對性建議，支援孩子發展。

這次活動讓我們與多元文化及語言（CALD）家庭建立更深連繫，增進相互了解，並提供個人化支援。我們衷心感謝平等機會委員會主席林美秀女士（SBS）及以下支持機構與贊助商：

- Gurudwara Khalsa Diwan Hong Kong
- The India Association Hong Kong
- The Pakistan Association of Hong Kong
- The Bangladesh Association of Hong Kong
- The Hong Kong Nepalese Federation

你們的支持讓活動順利舉行，為社區帶來正面影響。

展望未來，CDC將繼續走進不同社區，推動包容與可持續發展，共建更平等、更幸福的社會，促進健康人生。

SEN 錦囊

執行功能：孩子發展的基石

您了解「執行功能」嗎？這是一組關鍵的認知能力，包括計劃、專注、記憶指令及多任務處理。執行功能是學業成功、社交互動和身心健康的基礎。到底執行功能較較弱會帶來哪些挑戰？

CDC的職業治療團隊為您準備了一篇深入淺出的文章，詳細解析執行功能的奧秘。立即瀏覽我們的網站：https://www.cdchk.org/zh-hant/get-tips/parent-tips。

CDC 資源庫

CDC資源庫：豐富家長與SEN社區的支援

CDC致力為家長及特殊教育需要（SEN）社區提供實用資源。我們的網站提供多種家長錦囊及SEN活動資訊，專業講座亦上載至YouTube頻道，供免費觀看。

近期講座包括：

1. 《閱讀越精彩 II：親子閱讀技巧，激發孩子思維》
2. 《認識政府及非政府機構的早期介入服務》

立即探索更多資源！請瀏覽我們的網站、訂閱YouTube頻道，並關注社交媒體以獲取最新資訊。

社區活動

科技進步為殘疾人士創造更便利的生活。在香港，一款人工智能穿戴裝置能透過語音描述周圍環境，協助視障人士導航，並為有額外需要的兒童提供語音提示或指令，幫助他們應對日常生活。這項創新設計，為有額外需要的人士打造一個更包容的社會！

欲了解更多詳情，請瀏覽：
https://www.thestandard.com.hk/wealth-and-investment/article/63061/AI-wearable-leads-the-way

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您可以在我們網站的特殊教育需要（SEN）活動日曆上查看更多香港的特殊教育相關活動、講座和課程。您也可以將您自己的活動提交給 connect@cdchk.org.

PARENT SURVEY FEEDBACK 2025

A heartfelt thank you to all the parents who completed the Parent Survey! The CDC deeply appreciates the time and feedback each of you has provided. Your input is invaluable, helping the CDC to better understand your needs and improve services for your children.

The comprehensive survey has highlighted parents' concerns, giving the CDC a clearer picture of the issues that matter most. The CDC is committed to addressing these concerns with care and dedication, as outlined below:

Effective Communication

Some parents mentioned they were unaware of the six-month developmental assessments. The CDC would like to clarify that these assessments relate to group programmes rather than individual sessions or focus groups like the social skills and attention groups. Some parents expressed to have more frequent assessments and meetings. The CDC understands their wish to be closely updated on their child's development. We provide six-monthly assessments as this allows ample time for a child's growth. If a child achieves a developmental goal within the six-month growth period, the goals will be adjusted accordingly.

Each assessment is accompanied by an in-depth follow-up or so-called "parent meeting", arranged to suit parents' time preferences either in person, via Zoom, or by phone. Through these meaningful discussions, the CDC closely collaborates with parents to share insights and work together on appropriate developmental goals for their child.

Beyond these six-monthly meetings, parents are always welcome to contact the CDC staff at any time to enquire about their child's progress. Additionally, parents may observe their children in class with prior notice.

Tailor-Made Early Intervention Group Programmes and Diverse Activities

Most parents are pleased with the CDC's services, though some mentioned they are unfamiliar with the Early Intervention Group (EIG) programmes. The CDC has carefully designed these programmes to meet the diverse needs of children aged 18 months to 6 years, offering strong support and a solid foundation for their learning and growth. Our curriculum addresses all areas of early childhood development, including social-emotional skills, fine and gross motor skills, communication, language, and more. We recommend which group and/or individual intervention might best suit each child at any point in time and monitor if adjustments are necessary on an ongoing basis.

Some parents suggested introducing a variety of activities to unlock their children's potential. The CDC is taking this feedback on board and is committed to providing diverse parent-child activities and programmes. Alongside our core intervention programmes, we launched individual music therapy sessions at both centres this year and continue to explore new ways to enrich children's experiences. We also regularly organise extracurricular activities, including music workshops, animal-assisted programmes, and yoga classes. Additionally, outreach and

wellness activities, such as adults' health checks and mini dentist sessions in a real clinic, are arranged to further support children's development.

Equally important is our partnership with parents and caregivers. Our professional teams regularly share expertise and the latest trends to empower them in nurturing their children through seminars. To not miss any of our programmes or activities, parents are encouraged to stay tuned for updates via email and social media.

Professional Interdisciplinary Team

The CDC acknowledges parents' concerns about staff turnover We were delighted that a parent acknowledged that CDC's high service quality is not compromised despite inevitable changes in staffing. Our interdisciplinary team collaborates closely, transferring case knowledge as well as sharing experience and expertise to ensure consistent, high-quality services. They stay up to date with the latest intervention methods by regularly enhancing their knowledge, enabling them to offer children the best possible support. Parents can learn more about the team, including their qualifications and backgrounds, on the CDC website.

Photos of Children in Classes

The CDC understands parents' delight in seeing their children's classroom moments. We ask for parents' understanding that, due to privacy considerations and the teaching team's focus on providing attentive care, photographing every class is challenging. However, we regularly share class photos (with faces covered or blurred) on social media, and parents can follow these updates to stay connected with their children's experiences or join a class (with prior notice).

CDC Communications and Resources

Some parents expressed a desire for more case studies or practical tips. In addition to the seminars regularly hosted by the CDC, parents can consult teachers and therapists as needed or explore the CDC website. The website offers a wealth of Special Educational Needs (SEN) resources, including practical articles and tips prepared by the interdisciplinary team to support learning at home, as well as details of events in the SEN community. Monthly classroom news is also available on the website, helping parents stay informed about what their children are exploring in class. Recordings of previous seminars are uploaded to YouTube. Parents are encouraged to subscribe to our social media channels for the latest updates and to share these valuable resources with their networks.

In Conclusion

The CDC extends its sincere thanks to parents for their constructive feedback. Many positive comments were received, with parents describing the CDC as "caring," "professional," and "friendly"—echoing sentiments from last year. The CDC is delighted to know it continues to provide a positive journey for children and their families. As always, parents are warmly encouraged to contact the CDC at any time with questions, concerns, comments, or further feedback.

Thank you.

家長問卷調查回饋 2025

衷心感謝家長撥冗完成「家長問卷調查」！明德兒童啓育中心 (CDC) 感激每位家長的寶貴時間與意見。您們的建議有助我們進一步了解您們的需要，進一步提升服務質素。

在這份詳盡的問卷調查中，我們已留意到家長們所關注的事宜。CDC 承諾積極回應家長的意見，具體回應詳述如下：

有效溝通

有些家長指出對每半年的發展評估的安排有待加強。我們藉此回應，每半年的發展評估只適用於小組課程，而非個別治療和針對性小組，如：社交技巧及注意力小組等。有些家長表示希望增加評估和會面的次數。我們理解家長希望密切了解孩子發展進度，然而，每半年進行一次評估能確保孩子有足夠時間觀察成長。若孩子在六個月內達成發展目標，我們會即時相應調整學習目標。

每次提供評估報告後，我們會立即根據家長的時間和偏好，以面談、Zoom 會議或電話等方式安排家長會面。CDC 致力於與家長保持密切溝通，分享專業見解，共同制定最適合孩子的發展目標。另外，家長可隨時聯繫我們，查詢孩子的情況，亦可提前預約到課堂觀察孩子的情況。

個人化的早期介入小組及多元化活動

家長對 CDC 的服務表示滿意，少數家長希望對早期介入小組（EIG）有更清楚的認識。CDC 藉此向家長介紹，CDC 精心設計所有早期介入小組課程，以滿足 18 個月至 6 歲孩子的多元化需要，為他們的學習和成長提供強大支援和奠定穩健的基礎。我們的課程涵蓋促進幼兒發展的各個範疇，包括社交情緒能力、大小肌肉發展、溝通、語言發展等。我們會根據孩子的情況，建議最適合的小組或個別課程，並持續觀察是否需要調整。

有些家長建議引入更多樣化的活動，以發掘孩子的潛能。CDC 一直高度重視視孩子發展，並致力提供多元化的親子活動和課程。除早期介入課程外，我們今年於兩個中心推出一對一音樂治療，未來亦將引入新方式，豐富孩子的體驗。我們亦定期舉辦課外活動，包括音樂工作坊、動物輔助介入小組和瑜伽班。

此外，我們亦安排外展及身心健康活動，例如成人健康檢查及「牙醫小達人體驗日」，讓在孩子體驗牙科診所進行的檢查，多方面支持孩子的發展。

我們重視與家長及照顧者的互相合作。我們的專業團隊透過定期講座分享最新育兒資訊，並提供個人化建議，協助家長更有效培育孩子，共同促進兒童成長。為確保家長不錯過任何課程或活動，我們建議家長留意我們發出的電郵及社交媒體的定期更新。

專業跨領域團隊

CDC 理解家長對員工調動的關注，並衷心感謝家長認可我們在人員變動下仍致力維持高質素服務的努力。我們的跨學科團隊緊密合作，定期針對個案進行交流，分享專業知識與經驗，致力提供持續穩定的優質服務。團隊成員持續進修，提升教學能力，為孩子提供最佳支援。如欲了解我們的專業團隊資歷及背景，歡迎瀏覽 CDC 網站查閱詳情。

孩子課堂中的點滴

有些家長建議我們定期分享孩子課堂時的照片，CDC 理解家長希望了解孩子在課堂中的點滴。我們感謝家長的體諒，因需顧及其他孩子的私隱及教學團隊在課堂上的專注，我們無法於課堂內拍照。然而，我們會定期在社交媒體分享經處理的課堂照片（孩子的面部會被遮蓋或模糊），家長可關注我們的更新，以了解課堂情況。家長亦可提前預約，親臨課堂觀察孩子的情況。

CDC 通訊及資源庫

CDC 網站提供豐富的特殊教育需要（SEN）資源，包括跨學科團隊精心設計的實用育兒建議與技巧，方便家長在家應用，以及 SEN 社群的各類活動資訊。家長可瀏覽每月課堂主題，輕鬆了解孩子的課堂學習情況。此外，過往的講座錄影亦會上載至 YouTube 頻道，歡迎家長訂閱 CDC 社交媒體，獲取最新資訊並分享這些寶貴資源

總結

最後，CDC 衷心感謝家長的建設性意見與正面評價。與去年相同，家長以「關愛」、「專業」及「友善」形容 CDC。我們將持續提供高質素服務，致力為孩子及其家庭締造正面的成長旅程。一如既往，歡迎家長隨時聯繫我們，提出問題、疑慮或分享寶貴意見。謝謝！